

THE ALPINE CLUB OF CANADA
Kokanee Powder Week
March 13 – 20, 2010

Location: Kokanee Glacier Cabin, Kokanee Glacier Provincial Park
Guide: Conrad Janzen, conradjanzen@yahoo.com
Felix Camire, camirefelix@yahoo.ca
Fee: \$2195 + \$109.75 GST = \$2304.75
Cancellation Ins: \$164 (optional)
Meeting Place: Oso Negro Café, Nelson BC, at 7:00am
Office contact: 403-678-3200x112 adventures@alpineclubofcanada.ca

Membership

Your Alpine Club of Canada membership must be current at the time of the camp.

Accommodation

The Kokanee Glacier Cabin has been booked for the nights of Saturday March 13 – Friday March 19. Accommodation is not included for the nights of March 12th or March 20th. If you require accommodation in Nelson before or after the camp we recommend:

- Dancing Bear Hostel, <http://www.dancingbearinn.com/>, 1-877-352-7573
- Best Western Baker Street Inn, <http://www.bwbakerstreetinn.com/>, 250-352-3525

Meals

Meals on the camp will be prepared prior to the camp by a professional backcountry cook with an emphasis on the nutritional requirements specific to this kind of activity. Camp staff will organize the remaining preparations while on the camp with assistance from participants. We are able to accommodate preferences such as vegetarians and most food allergies.

Travel and Transportation

Nelson is approximately a seven to eight hour drive from both Calgary and Vancouver (in good driving conditions). It is about three hours from Spokane. These centres will provide the least expensive options for both airplane costs and car rental prices.

The closest airport to Nelson is in Castlegar. If several of you are flying to Castlegar, you can rent a large van in Castlegar for the week: Budget (250-365-5733). National (250-365-7555).

Greyhound offers bus service from major centres to Nelson 1-800-661-8747. If you then need transportation around Nelson, the number for the taxi in Nelson is 250-352-2222.

Helicopter transportation has been arranged for this camp. Helicopter travel can be delayed by bad weather, and this can sometimes include overnight delays. These sorts of delays are beyond the control of ACC, and we cannot provide for your accommodation and meals in Nelson, should this occur. Although it does not happen often, you should be prepared for the possibility of this unforeseeable additional expense.

Participants' vehicles will be used to transport participants, food and equipment from Nelson to the helicopter staging area. Since your car will be parked in an unattended public area for a week, do not plan to leave any valuables in it.

Trips may not run exactly according to schedule for reasons beyond our control (weather, wildlife, Parks regulations, etc). For this reason, we recommend that you do not book any scheduled travel (ie airplane flights) within a day or two of the last scheduled day of your camp.

Kick Off Meeting – March 13/7:00am/Oso Negro Café

<http://www.osonegrocoffee.com/about/cafe.htm>

It is *essential* that all participants attend this meeting. During the group meeting camp staff will review the week's itinerary, participants' expectations, do an equipment check, divide group gear and organize car pooling.

Insurance Options

We recommend purchasing insurance through Travel Underwriters – this can be done through the ACC office (adventures@alpineclubofcanada.ca). They sell a variety of insurance policies, including medical (annual and single trip), trip cancellation/interruption and insurance for visitors to Canada. To find out more about their insurance options, visit the Travel Underwriters website at www.travelunderwriters.com or call them direct at 1-800-663-5389.

Discount on Books and maps

Recommended books and maps are listed on the equipment list. ACC members receive a 15% discount on select books and maps. Contact us at (403) 678-3200, Ext. 1, check our website at www.AlpineClubofCanada.ca or email info@AlpineClubofCanada.ca for further details.

Equipment

The equipment list should be reviewed carefully when packing for this camp - please pack lightly. Do not hesitate to contact camp staff if you have any questions at all about your equipment.

Blisters are always a problem on camps and inevitably slow down the entire group. Please ensure your boots fit properly and have been tested out prior to your camp. Alert camp staff at the first sign of a blister – blisters will only get worse if you wait.

Important Information Regarding Avalanche Transceivers – Please read carefully!

Each participant must have an avalanche transceiver. This transceiver MUST be a make and model recommended by the Canadian Avalanche Association. This will be strictly checked and enforced prior to departing for any camp. If you arrive at the scheduled meeting place without a recommended avalanche transceiver, you will not be allowed to participate in the camp and will forfeit your fees. You must also purchase two (2) complete sets of batteries for your avalanche transceiver. Do NOT rely on the batteries that come with the unit.