



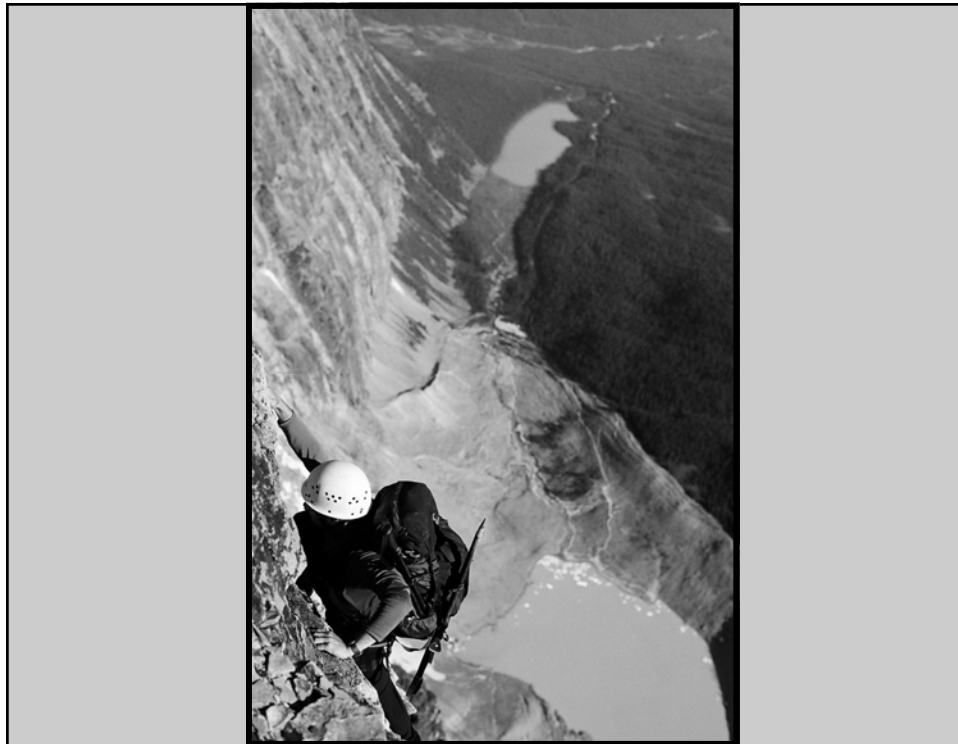
# The Chinook

The Newsletter of the Calgary Section of the Alpine Club of Canada

Volume 43, Number 3

May 2008

The next section meeting will be held at the Bow Waters Canoe Club,  
1975—26 St. SE, on Tuesday May 20, 2008 at 7:30 p.m.  
Speaker: Kate Sinclair, PhD Candidate, U of C, Glaciology  
“Mountain regions in an era of global warming”



Experimenting with exposure on Edith Cavell  
Matthieu Bourgeois



**MINUTES**

May 17th and 18th Rock Rescue (6 people each day)  
July 5th and 6th scrambling and climbing  
How to Photo workshop coming up soon

**Treasurer**

Budget Hi-lights:

- 1. membership grown / Increase in rev
- 2. cost of Chinook reduced
- 3. admin increased in cost (web scheduling system)
- 4. cost of bathroom in the Ghost increased
- 5. Surplus in budget
- 6. Financial statement voted on and accepted

**Social**

Upcoming events include:

April – Keith Sanford “Canadian Expedition to Manaslu”

May – Annual Photo Contest. Digital photos are preferred. Additional Information is available on the section website.

**Membership**

New members approach Dana

**ITEMS ARISING FROM THE MINUTES**

**Hand Drill Motion**

Five min of discussion on motion  
majority deny motion  
7 abstain

The meeting adjourned at 20:30 and was followed by a presentation by Patrick Chenier entitled “The Art ofComposition in Nature Photography”

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**ACC CALGARY SECTION  
SECTION MEETING**

Date:	Tuesday April 15, 2008		
Location:	Bow Water Canoe Club		
Commenced:	19:45	Adjourned:	20:10

**MEETING MINUTES**

**Section Business**

- Peter welcomed new members and guests.

- Peter asked for volunteers to help with hall clean up at the end of the evening. Members can sign up for collating the Chinook next month, as the Chinook is published every two months.

**COMMITTEE REPORTS**

**Climbing Committee**

The Rock Review weekend is scheduled for May 31-June 1 in the Kananaskis area. This event is open to all members and is a great way to kick off the summer climbing season.

**Ski Committee**

- Tom asked trip leaders to return trip waivers to the Ski Committee for filing. We have secured the Kokanee cabin for next season (end of February 2009).

**Training and Leadership Committee**

- May 1 - Summer Kick off Party at CAOC. Theme: Mentorship Program.
- May 14 – Group Management Evening at CAOC. Open to current and new trip leaders.
- May 17 -18 – Rock Rescue course at UofC. This event is full.
- July 5-6 – Scramble Leadership weekend taught by Cyril Shokoples. This is a fully subsidized course, with the expectation that participants contribute to the Section. Participant selection will be based on past and future contributions.

**Dates TBA** – Photography Workshop; Navigation Field Day; Wilderness First Aid

**Treasurer**

No report from the section treasurer.

**Social**

- May – “Mountain Regions in an Era of Global Warming” by Kate Sinclair, Ph.D. Candidate (Glaciology), UofC. Kate Sinclair will discuss climate change and the effects of global warming on local mountain environments. Her presentation will include slides from “An Inconvenient Truth” and information about her research group’s activities in the Rocky Mountains.

June – Annual Photo Contest. Digital photos are preferred. Additional Information is available online.

**National**

- Spring Board Meeting May 3-4, 2008 – The ACC Annual General Meeting will be held May 3, 2008 at 4:00 pm at Creekside Hall in the Senior Citizen's Centre in Canmore. The AGM will be followed by a celebration of Jim Tarrant’s life at 5 pm . Open to

all members.

- Mountain Guides Ball – October 18, 2008 – The patrons will be the Harrison Family.
- New Backcountry Skiing Competition – 4 events will be held in Canada, one of which is part of the world cup circuit. Next year Whistler will host North American championship.

**Library**

The library books are available for check out and check in.

**NEW ITEMS**

- Peter expressed our condolences for Ivo's family following his death while climbing Guinness Gulley.
  - The Andy Russell Provincial Park (Castle Mountain Area) is being proposed. To get involved, please see Peter.
- The Section is looking for an Access and Environment Chair.

The meeting adjourned at 20:10 and was followed by a presentation by Keith Sanford entitled "Manaslu Expedition 2007".

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**Calgary Section - Adamant Group  
Mountaineering Camp 2008**

The Calgary Section is organizing a climbing camp in the Adamant Group in the Selkirk Mountains of BC. The basecamp will be at Adamant Meadows: 82N/12, 415, 298 (NAD83).

We will fly in. Camp cost is estimated to be \$475. See the Section web-site for further information.

<http://www.alpineclubofcanada.ca/calgary/summer/summercamp.html>

**Dates**

There will be three 1-week camps with spaces available for 12 people per week for **Calgary Section Members only**. A minimum of 10 people is required for each week to be a go. Note that these dates are **Sunday-to-Sunday**:

Week 1: July 20 – July 27

Week 2: July 27 – August 3

Week 3: August 3 – August 10

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**SCRAMBLING LEADERSHIP WEEKEND**

Are you leading, or thinking of leading, scrambling trips for the Alpine Club? Would you like to develop your leadership skills with instruction from an ACMG guide? Then read on!

The ACC Calgary Section is hosting a "Scrambling Leadership Weekend" course July 5th and 6th, 2008. This is designed to improve leadership skills and build confidence for those leading ACC trips on scrambling terrain. Participants must have solid scrambling skills and be comfortable leading groups on moderate scrambles. This is a unique opportunity to advance your skills alongside your peers, under the supervision of a highly experienced, fully qualified ACMG Mountain guide.

Topics may include, but are not limited to: group management, route selection, route finding, dealing with emergencies, communication, risk management, pacing, the attributes of a good leader, gear selection, and choosing appropriate climbs for club trips.

The course may be held anywhere between Calgary and Jasper, depending on conditions.

The course will be taught by Cyril Shokoples, an internationally certified mountain guide. Cyril has a long history with the ACC, particularly teaching the flagship TNF Leadership courses. He also regularly trains Canadian military SARTECHs and Canadian Parks Service Wardens, amongst many others, and has received Distinguished Service Awards from both the ACC and the ACMG.

There is no charge for the course, although a \$150 deposit is required to hold your space. This will be returned to you after your participation in the course.

Applicants will be selected in priority order based on past and estimated future contribution to the club.

Email (acc\_markl@yahoo.com) or phone (247-5306) Mark Lane to get an application form or for more detailed information. The deadline for application is May 16th, 2008. The Training and Leadership Committee will review the applicants and finalize selection by May 24 th.

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**THE MENTORSHIP PROGRAM**

The training and leadership committee are currently in the process of structuring this exciting new program to the benefit of all current and new trip leaders and you will see more information of this over the course of the next few months..

If you have been an active trip leader for the club in the past, you will undoubtedly have a vast array of hands-on experience, in addition to other valuable knowledge in managing a diverse group towards a common goal. Understanding trip planning dynamics, changes in weather, terrain, gear selection and group planning are just a few among the number of skills that are second nature to you. We would be delighted if you would be interested in sharing your knowledge with up and coming new leaders, so that they will gain more confidence quickly and learn such valuable skills as only a mentor

can best provide. You can enjoy the experience of showing new leaders "the ropes" and knowing that your talents will be passed on.

If we have sparked your interest, the T & L committee would love to hear from you. Your help is valuable and appreciated.

If you are an aspiring new leader that would like to have a seasoned trip leader assist you in trip planning and trip dynamics, even to join you on your trip, or are looking for someone to simply answer some of your questions regarding your trips, such as group management skills, routes, gear selection, participant selection etc. let us, the T & L committee, assist you to get in touch with a mentor who will be able to help you get the answers you are looking for. We at the T & L committee are here as your resource and are available to you, so please feel free to contact us to assist you in tapping the knowledge that is abundant throughout the club.

For further information please contact either  
Mathieu Bourgeois at: mathieu\_b77@hotmail.com or  
Andy Strangemann at: investra@shaw.ca.

We look forward to hearing from you.

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### **International Snow Sciences Workshop in Whistler, BC A note from Brad Harrison**

**(Brad is a member of the organizing committee for this event)**

Come and visit the spectacular resort town of Whistler this year at the end of September for our 6 day global conference on Snow Science - ISSW 2008, "a merging of theory and practice".

This conference is held only every 6 years in Canada and is promising to be the biggest and best ever. We are hoping to attract up to 1000 delegates from over 30 countries. Avalanche practitioners, guides, scientists and engineers come together to promote the exchange of ideas and the latest research in snow science and avalanche forecasting.

Activities include lecture presentations, field trips, poster displays, a tradeshow and social gatherings. On "Activity Day" (Wednesday) we'll hike the avalanche control program of Whistler/Blackcomb with a CARDA demonstration, we'll bike to the Olympic Nordic facilities in the Callaghan Valley, have a hockey tournament, play golf..... and much more.

A full social agenda complements the week of learning: a banquet with guest speaker, a Mountain Top fund raiser social with movie night, beer socials, BBQ & band, an "Avalanche Diva's Social" etc...

Check it out at: <http://www.issw2008.com>

**2008 Photo Contest!  
Message from Cam Roe**

Welcome to the ACC Calgary Section Photo Contest!

I would like to invite as many people as possible to enter a couple of slides or digital pictures to the show. Who knows? That picture that you think is just so - so might be a diamond in the rough. Send in your favourite humour shot, or ice climbing picture (in my case they are usually the same one) and see what happens! Some of the trophies for the ACC Calgary Section photo contest go back to the 30's. It is a real coup to have one of those trophies on your mantle for a year! Please see the rules below for more information. NOTE that there have been additional rules added to keep up with the technology. If you can scan your own slides into digital images, it would be greatly appreciated. I will scan them but the quality may or may not be as good as you would like.

The contest winners will be shown at the **June 17<sup>th</sup> section meeting**, with the winners receiving awards. The winner of Best in Show will receive a dry mounted 16x20" (or best size - depends on the resolution of the photo) print of their winning slide, picture or print.

The **deadline** for entries is the section meeting on **May 15<sup>th</sup>**. You may be able to sneak some in after that but it will cost you copious amounts of beer. :) Please return the trophies from last year by this date as well or I will come calling. Slides, CD's, etc will be returned at the following section meeting. If you are interested in judging the photo contest or would like more information call Cam Roe at 253-5463.

**Classes and Trophies:**

The format of the following list is "Class Name (Trophy Name) - Main focus of the each picture in the class". Please pay attention to what the focus of the class is.

1. Canadian Mountain Scenes (Richardson Trophy) - Mountain scenery
2. Mountain Winter Scenes (Rex Gibson Trophy) - Canadian mountains in winter
3. Mountain scenes outside Canada (Jim Board Trophy - Mountaineering scenes/ activities outside Canada
4. Mountaineering (Marion Fawdry Trophy) - Mountaineering activities, summer or winter
5. Rock Climbing (Hillbilly Bowl) - Technical or solo climbing on rock
6. Ice Climbing (Kathleen Lucas Trophy) - Waterfall or extreme alpine ice climbing
7. Ski Mountaineering (John Hammond Trophy) - Ski mountaineering, ski touring, or telemark
8. Portraits of Mountaineers (L.C. Wilson Trophy) - Person or people in a mountain setting

9. Flora (Francis Pearce Trophy) - Plant life in a mountain region
10. Fauna (Buglar Hind Trophy) - Wildlife in a mountain region
11. Humour (Silver Skillet) - Humour or satire, taken in a mountain or mountaineering context
12. Prints (Birks Trophy) - Colour or B&W print in a mountain setting
13. Best of Show (David Oldham Trophy) - All entries are considered for this award
14. Unclassified (President's Trophy) - Any photograph in a mountain setting that doesn't fit in another category
15. Club Activities - Person or people involved in a club camp or activity
16. Legacy Award - An appreciation of the mountains being shared by youth or families

**Rules: - PLEASE READ**

1. The contest is open to any section member in good standing.
2. Entrants may win more than one place in a class. A maximum of 3 entries per class per person.
3. Entries are not permitted from the judges or their family members.
4. Each slide must be marked with the entrant's name, slide title, and class number. An asterisk must be placed in the lower left corner of the slide when held for viewing.
5. Slides in glass mounts are not accepted.
6. Digital pictures should be on CD with an appropriate file name that indicates the category and title of the picture. E.g. "Cat8\_Cams-Excellent-Picture.jpg"
7. Digital pictures WILL be accepted via email to 'camroe@hotmail.com' or 'roe.cam@gmail.com'.
8. No award will be made if the judges feel that no entries are of the standard to receive a trophy.
9. All Slides, Digital Pictures, Photographs must have been taken within 3 years of the contest deadline.
10. All entrants must provide a list of their entries, including the respective class and title of entry, and include their name, address, and telephone number.
11. All entries are released for future reproduction in The Chinook, the summer and winter schedules, the section website, and other publications and promotional material of the section - including displays and slide shows.
12. Prints must be mounted and of a minimum 5"x7" size. Matting and presentation will be included in the judging criteria. The entrant's name and print title should be on the back of the print.
13. Entries from previous Calgary Section photo contests are **not** eligible.
14. The judges may move entries to another class when it is appropriate. E.g. Cam's ice climbing pictures are automatically moved to the humour section.
15. If you want to have slides mailed back, you need to include sufficient packaging material (self-addressed) and postage to ensure the safe return of your slides. Please remember that this is a FUN event and that all slides in category 8 (Mountaineers) will be shown at the show - we all like to see the people we know in the mountains! As well, all the pictures in category 11 (Humour) will be shown. Thanks and enter some pictures!!!!

Rock Rage 2007

Marcus Eyre

*Wednesday afternoon. Summer in the city. Glance out the office window. Check the clock: 3:20. Argghh! Calendar's blocked off from 3:30 on, every Wednesday, June through August, but as usual I've got a dozen loose ends to settle before I leave. And the phone rings!*

*My mind wanders a bit: I want to try that route I peeled on last year. Hope I can get up it; I've been getting out a bit more this year, so should be possible... Hope the traffic won't be bad if I don't get out of here soon. Argh; decide a couple things can wait till tomorrow. 3:35: ok, I've got to get out of here.*

*Run home. Throw the helmet, harness, shoes, draws and water bottle in the pack. Memorial drive. Parkdale boulevard. Traffic's ok. Bowness road. Hey, I might even squeeze in a Subway stop for supper to go!*

*Arrive at the parking lot: intros, sign the waiver, distribute ropes, sort who's car pooling with who, confirm the destination, and check the sky to the west past the thunderstorm cells. Dave checks the time: 5:00 p.m. sharp! We're out of here!*

In '07 we only got rained out twice – better than some recent years, even if it does mean less time at the pub!

The tendency is to frequent the crags closest to the city, with reasonable approaches and grades for everyone. Last summer this included: Kid Goat (Yamnuska practice area), Cougar Canyon, Barrier bluffs, Heart Ck (2x), Wasootch, Porcupine (2x), Steve Canyon, and Grassi Lakes (2x). Usually there are a half dozen or more lines on the go, whether set up as top ropes or people leading routes.

A death at Skaha early last summer, repeated volleys of rockfall on one wall at Cougar, and difficulties communicating when climbing next to running water - all were sober reminders not to get complacent and to be sure you know what you're doing, with anchors, descending or whatever. Fortunately, safety and fun aren't mutually exclusive. Among the memorable lighthearted moments from last summer were fording the high meltwater levels of Cougar Creek in June, Rene teaching us her ACMG Samurai clove hitch and fig.8 knot tying tricks (its all in the lightning fast martial arts movements and sound effects), and young Darren's inspiring and constant eagerness to learn!

Participants range from 15-year-old Darren to retirees, while attendance typically includes about 6-10 usual suspects and about an equal number of people who make when they can.

We pack up our gear in the twilight, rinse chalked-up hands in the creek, and throw on a fleece for the dropping temperature. On the hike out I look at the peaks across the valley and contemplate the evening... oh, and that 3:30 panic to get out of the office on time? I look forward to doing it all over again for another mid-week fix of climbing, nature, socializing, and a break from the city.

A big thanks to Dave Hanson for coordinating every week (for a few years now).

**Vertical Ice  
or You can teach old dog new tricks**

**Paul Masiar**

Well, can you teach old dog new tricks? I say you can!

Recently I attended a Vertical Ice Day with Sean Isaac in the North Ghost, location GBU. It was my second week in a row at that location – learning – but this time I had the benefit of expert eyes – Sean Isaac himself. The week before I was there with a team practicing leashless climbing and the Sean Isaac vertical ice technique. You see I had some insight into the technique due to mixed climbing, and having recognized that I am not as fluid in the technique as I should be – I went out to practice. The day was cold, very cold, and we should not have been day that day – but that is another story.

When I learned about the Vertical Ice Day during the ACC monthly meeting, I signed up. A day with Sean Isaac at GBU for \$60 – well it does not get any better than that – well at least in my eyes. I used the new web site system, and surprisingly I got IN! And surprisingly we had only 5 people – Sean was the sixth!

The day was about technique - a new technique – technique which when mastered enables you to climb ice like a pro – climbing WI5 feels like climbing a step ladder. I am not going to describe the details of the “tripod position”, all I’ll say that it is very different from the old “X” position. The swing, the feet, the position of the hands, the position of the torso, the position of the hips, fluid movement, resting, saving energy, anchors, falls, placing screws on vertical ice, equipment – you name it - it gets discussed.

Wanna know the technique does ? Sean Isaac moves on WI4 terrain with a speed that I could barely feed the rope. Wanna know how Raphael Slawinski can do Professor’s Falls 4 times in a day, and consider it training? Well get off the couch and find out!

So why should you be there?

Well - because you may lead, and you’ll lead better. For the people that do not lead, and always think that other people should take the risk for them – it is very enlightening to learn about proper belay techniques, how far the leader will fall in case the worst happens, about leader fear, and about their personal responsibility to create a functioning climbing team. As well, many people, including myself feel better and more confident when a world class climber and athlete like Sean Isaac tells you that you are doing it right.

I believe that no person in the Alpine Club should be allowed on any ice climbing trips without one of these lessons – or climb with a guide. Many would quickly find that the guides would have few words with them, or not take them up at all. Let’s put some discipline into climbing to make it a better experience for all, so that we all can have fun, and not experience fear.

P.S. Last year I put 47 days on ice, at the time of writing this article I am breaking the 30 day mark. I tend to climb 2-3 times a week.

**SECTION ENQUIRIES:**

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**ADDRESS CHANGES:**

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NO CALLS AFTER 10 PM IS THE POLICY OF THE SECTION, THANK YOU

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**Email List Service** (post and subscribe)  
 acccalgary@hotmail.com

**Chinook Submissions:** Any article relating to the Club or the mountains is welcome. Please send submissions as an email attachment to **callanan@telus.net** before the 26th for the next month's issue. Microsoft Word documents (Arial font) work the best. Submissions become the property of the Alpine Club of Canada and are subject to editing.

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