



## Clubhouse

### Index

<u>Booking, Payment and Cancellation Policy</u> . . . . .	2
<u>Rates</u> . . . . .	2
<u>What You Will Find At the Clubhouse</u> . . . . .	2
All guests have access to the following amenities: . . . . .	2
<u>Main Clubhouse Building</u> . . . . .	2
The main building has the following amenities: . . . . .	2
<u>Bell Cabin</u> . . . . .	3
The Bell Cabin has the following amenities: . . . . .	3
<u>Pat Boswell (Toronto Section) Cabin</u> . . . . .	3
Each side of the facility is self-contained with the following amenities: . . . . .	3
<u>Getting There</u> . . . . .	3
<u>Maps and Guidebooks</u> . . . . .	4
<u>Map and GPS references</u> . . . . .	4
<u>Maps</u> . . . . .	4
<u>Guidebooks and general interest books</u> . . . . .	4
<u>Website Links</u> . . . . .	4
<u>Current conditions</u> . . . . .	4
<u>Area information</u> . . . . .	5
<u>Parks Canada Info</u> . . . . .	5
<u>Wilderness Passes in National Parks</u> . . . . .	5
<u>Vehicle Permits</u> . . . . .	5
<u>Maximum Group Size</u> . . . . .	5
<u>Voluntary Hazardous Activities Registration</u> . . . . .	5
<u>Clubhouse Rules</u> . . . . .	6
<u>Things To Do Around the Clubhouse</u> . . . . .	6
<u>Hiking and scrambling</u> . . . . .	6
<u>Climbing</u> . . . . .	6
<u>Skiing</u> . . . . .	6
<u>Mountain Biking</u> . . . . .	6
<u>History</u> . . . . .	7



Clubhouse by Suzan Chamney

## Booking, Payment and Cancellation Policy

View the Booking, Payment and Cancellation Policies at [www.alpineclubofcanada.ca/facility/reservations.html](http://www.alpineclubofcanada.ca/facility/reservations.html)

### Rates

Visit [www.alpineclubofcanada.ca/facility/rates.html](http://www.alpineclubofcanada.ca/facility/rates.html) for current hut and wilderness pass prices.

## What You Will Find At the Clubhouse

The ACC's Canmore Clubhouse facilities, affiliated with Hostelling International, are located 4.5 km northeast of downtown Canmore on a bench above the highway on the sunny north side of the Bow Valley. The Clubhouse is close to the amenities of Canmore and Banff, yet maintains a quiet and relaxed atmosphere.

There are three accommodation buildings on the Clubhouse site - the main Clubhouse, the Bell Cabin and the Pat Boswell (Toronto Section) Cabin. Each building offers different types of accommodation - for individuals, small groups, families and large groups.

With the exception of groceries, the Clubhouse facilities are equipped to provide you with everything you will need during your stay, be it a one night jumping-off point to the backcountry or for longer term recreating in the Canmore area.

### All guests have access to the following amenities:

- storage lockers
- coin-operated laundry machines
- barbeques on the deck of each building
- pay phone and a free local-call phone in the main building
- wireless internet access
- local guide book and map sales
- beer, pop and snack sales
- meeting room which can hold up to 30 people, along with audio-visual equipment

## Main Clubhouse Building

The main building sleeps a total of 31 people in seven dormitory-style rooms. Sheets, blankets, pillows and towels are provided, or you may bring your own if you wish.

### The main building has the following amenities:

- well-equipped kitchen with cooking utensils for small and large groups
- comfortable living room with fireplace, games, library of mountain literature and incredible mountain views
- storage lockers
- coin-operated laundry
- wireless internet access
- pay phones and free local-calls phone
- map and guidebook sales
- beer, pop and snack sales
- large deck with BBQ and a beautiful view over the Bow Valley
- meeting room and games room
- sauna



## Bell Cabin

The Bell Cabin is a private, self-contained facility which is perfect for groups of up to 15 people or a couple of families. Sheets, blankets, pillows and towels are provided, or you may bring your own if you wish.

### The Bell Cabin has the following amenities:

- well-equipped kitchen
- comfortable, bright living room with fireplace
- large kitchen table and benches that can seat 15
- two bathrooms, two shower rooms
- two rooms with 6 bunk beds
- loft that sleeps 3
- large deck with BBQ and a beautiful view over the Bow Valley
- access to internet, telephones, laundry, storage lockers, sauna and a meeting room in the main Clubhouse, 100 metres away



## Pat Boswell (Toronto Section) Cabin

The Pat Boswell (Toronto Section) Cabin offers a third and completely unique option for budget accommodation to ACC members when they are visiting Canmore.

Designed with families and small groups in mind, the cabin has an integrated partitioning wall allowing you to occupy one half, or the entire facility. Each side of the cabin can sleep 4 people in 2 private rooms; you can book one room, one half, or the whole facility.

### Each side of the facility is self-contained with the following amenities:

- well-equipped kitchen
- comfortable living room/dining room
- bathroom with shower
- two rooms, one with three single beds, one with a queen and a single
- large deck with BBQ and a beautiful view over the Bow Valley
- access to internet, telephones, laundry, storage lockers, sauna and a meeting room in the main Clubhouse, 150 metres away



## Getting There

The Alpine Club of Canada's Clubhouse is located on a spectacular and sunny mountainside 4.5 km east of the town of Canmore, Alberta. From the TransCanada Highway take the 1A exit (#91) and travel east approximately 1 km to Indian Flats Road; follow the road to the top of the hill.

You can obtain driving directions on [maps.google.com](https://www.google.com). Enter your destination as "ACC Canmore Clubhouse".

Or see a map on the ACC's website at: <http://www.alpineclubofcanada.ca/facility/roadmap.html>

## Maps and Guidebooks

All of the following books and maps can be purchased through the ACC office or online through the ACC online store at: [www.alpineclubofcanada.ca/store/index.html](http://www.alpineclubofcanada.ca/store/index.html)

### Map and GPS references

<b>Map reference:</b>	82O/3 (Canmore)
<b>Grid reference:</b>	185595
<b>Clubhouse elevation:</b>	1,341 metres (4,400 feet).

### Maps

- Gem Trek Publishing 1:35,000 topographic map entitled “Best of Canmore”. This excellent map shows hiking and cycling trails as well as area highlights in detail.
- The 1:50,000 Canadian Government issued standard topographic map “82O/3 Canmore”. The Clubhouse is located at grid reference 185595.

### Guidebooks and general interest books

- *Canadian Rockies Trail Guide*, by Patton and Robinson
- *Canmore and Kananaskis*, by Gillean Daffern
- *Kananaskis Country Trail Guide*, Volume 1, by Gillean Daffern
- *Kananaskis Country Trail Guide*, Volume 2, by Gillean Daffern
- *Don't Waste Your Time in the Canadian Rockies*, by Kathy & Craig Copeland
- *Where Locals Hike*, by Kathy & Craig Copeland
- *Selected Alpine Climbs in the Canadian Rockies*, by Sean Dougherty
- *The 11,000ers of the Canadian Rockies*, by Bill Corbett
- *Scrambles in the Canadian Rockies*, by Alan Kane
- *Bow Valley Rock*, by Chris Perry and Joe Josephson
- *Sport Climbs in the Canadian Rockies*, by John Martin and Jon Jones
- *Yamnuska Rock*, by Andy Genereux
- *Ghost Rock*, by Andy Genereux
- *Bouldering in the Canadian Rockies*, by C. Fink, M. Norman, and D. Tremaine
- *Backcountry Biking in the Canadian Rockies*, by Doug Eascott
- *Ski Trails in the Canadian Rockies*, by Chic Scott
- *Alpine Ski Tours in the Canadian Rockies*, by Chic Scott
- *Waterfall Ice Climbs in the Canadian Rockies*, by Joe Josephson
- *Mixed Climbs in the Canadian Rockies*, by Sean Isaac
- *Caves of the Canadian Rockies and Columbia Mountains*, by Jon Rollins
- *Handbook of the Canadian Rockies*, by Ben Gadd

## Website Links

### Current conditions

**Weather:** Go to [www.weather.gc.ca](http://www.weather.gc.ca) click on <Alberta>, then scroll down to <Canmore>. The weather forecasts are updated 3 times daily.

**Avalanche Hazard:** Go to [www.avalanche.ca](http://www.avalanche.ca) click on the <Public Avalanche Bulletins> and review the section for <Banff/Yoho/Kootenay National Parks> and/or <Kananaskis Country>. The avalanche forecast for this region is kept currently updated.

## Area information

**Avalanche Terrain Rating System (ATES):** Parks Canada has developed a classification system for avalanche terrain, and has applied ratings to approximately 250 trips in the Mountain National Parks. For more information, visit [www.pc.gc.ca/pn-np/ab/banff/visit/visit7a1\\_E.asp](http://www.pc.gc.ca/pn-np/ab/banff/visit/visit7a1_E.asp)

**Google Earth Reference:** The Canmore area is covered in medium/high resolution on Google Earth. Go to <http://earth.google.com/>. You will find the Canmore Clubhouse at approximately 51° 04' 36.41" N, 115° 18' 28.94" W.

**1:50,000 Topographic Map:** The Canadian Government offers free downloads of their regular 1:50,000 topo maps. The map files are large (25 MB) and take a few minutes to download. You will find this service at: <http://www.geogratis.gc.ca/geogratis/en/product/search.do?id=10119>. Perform your search by selecting "NTS Mapsheet", and enter 082O03. Next, press "Search" under "Search Options" (without changing any of the information in "Search Options"). Select 082O03 from the options and download it.

## Parks Canada Info

If you are planning on visiting the near-by national parks, you need to know the following information.

### Wilderness Passes in National Parks

Banff, Jasper, Kootenay, Yoho, and Glacier National Parks collect a fee for backcountry overnight use in the Parks. The fees collected from the wilderness passes go towards maintaining trails, supplying the voluntary registration service, avalanche forecasting, backcountry bridge-building, etc. Overnight users of the ACC huts (ages 16 and over) are required to pay this fee. A copy of the wilderness passes should be carried in the backcountry at all times as a Parks Canada representative may ask to see proof of purchase.

We encourage you to buy these passes from the ACC, as 40% of the monies collected goes to a special huts account for our heritage huts and environmental improvements. You will be offered the option to purchase the pass when you make a reservation, or you can buy an annual pass from our online store at: <http://www.alpineclubofcanada.ca/store/index.html>. For current rates, visit: <http://www.alpineclubofcanada.ca/facility/rates.html>.

### Vehicle Permits

All vehicles stopping in a National Park must have a Park Motor Vehicle Permit. Annual or single day permits can be purchased at most Park entrance gates and Park visitor centres and soon through the Alpine Club of Canada's national office.

### Maximum Group Size

The maximum group size for hiking is 10 persons. If your group is larger, you will need to split into smaller groups.

### Voluntary Hazardous Activities Registration

It is recommended that anyone participating in hazardous activities in the backcountry register with the Park Wardens. This registration is free and is the best method of ensuring that someone comes looking for you should an emergency happen. You can register at any Parks Canada Visitor Centre.

## Clubhouse Rules

- No smoking.
- Dogs are not permitted (with the exception of seeing eye dogs).
- Check out time is 11:00 am
- Check in time is 2:00 pm
- Please be considerate of others; the Clubhouse should be quiet by 10 pm.
- Clean up after yourself.
- Thank you for your consideration in following these rules, and have a great time!

## Things To Do Around the Clubhouse

### Hiking and scrambling

The hiking trails surrounding Canmore are abundant and scenic. Hikes range from easy, short trails to multi-day rugged treks. Early summer provides an abundance of wildflowers and waterfalls, while fall displays striking yellow and red colours. Wildlife can be seen throughout the year. Since the town of Canmore does not typically receive a lot of snowfall in the winter months, people hike during the winter months as well (although the selection of trails is much more limited).

In summer, fit hikers can reach the summit of Grotto Mountain 3-5 hours after starting up the trail behind the Clubhouse. Several other summits can be hiked or scrambled, all within a few minutes drive.

### Climbing

Canmore is world famous for its climbing opportunities in both summer and winter months.

Rock climbers will be entertained with close to 2000 sport climbing routes around Canmore. Traditional rock climbers will enjoy the challenges of the long limestone routes on Mt. Yamnuska, Ha-Ling Peak and the East End of Rundle. Lake Louise, a 45 minute drive away, offers sport and trad climbing on solid quartzite.

The Clubhouse is 'ice climbing central' for visiting climbers in winter months. Between the Kananaskis, Ghost River and Bow Valley areas there are more than 200 routes to choose from. The climbs range from roadside grade 2's to remote grade 6 testpieces in the Ghost. Most of these areas are readily accessible from the Clubhouse, however you will need a four-wheel drive to access the Ghost.

Mountaineering opportunities abound, with hundreds of glaciated peaks within a short driving distance of Canmore. Most of our backcountry huts offer great bases for mountaineering in the Canadian Rockies, or you may want to sign up for one of our fully guided and catered mountaineering camps.

### Skiing

Skiers will not be disappointed! Cross-country skiers can choose from the Canmore Nordic Centre (10 minute drive) or one of dozens of groomed trails in Kananaskis Country (30-60 minute drive) and Banff National Park (20-45 minute drive). Resort skiers have quick access to Sunshine Village and Nakiska (30 minute drive), Skiing Louise (45 minute drive) or Norquay (20 minute drive). Backcountry skiers will find their powder fixes on mountain-sides in Kananaskis Country, Banff National Park and Yoho National Park.

### Mountain Biking

Mountain bikers can choose from tame, flat single tracks and gravel roads to the craziest of downhill tracks. Road riding is popular on the nearby 1A Highway in Banff National Park.

## History

When the Alpine Club of Canada was formed in 1906, attention was focused almost immediately on the need to build a permanent facility to accommodate Club activities and visiting mountaineers. In 1909, the ACC's first Clubhouse opened its doors on the slopes of Banff's Sulphur Mountain, close to Middle Springs. For more than 60 years, it remained one of the grandest heritage buildings in the Canadian Rockies. When Parks Canada insisted on it being demolished in 1971, Canada lost one of its greatest historic treasures. A new Clubhouse did, however, open in 1972 at the present Indian Flats Road location in Canmore. Through the commitment of generations of committed staff and volunteers, the Canmore Clubhouse has become a centre for climbers, hikers and skiers in the Rockies.

Since 1972, buildings have been added, replaced and renovated on the Clubhouse property. The Bell, Field and Toronto Section Cabins were built in the early 70's. The Panabode was added in the 80's. The Toronto Section Cabins were torn down in 2006 and rebuilt into the beautiful Pat Boswell (Toronto Section) cabins. The main Clubhouse building and Bell Cabin have been renovated several times over the years. The Clubhouse property remains a jewel in the Alpine Club of Canada's crown.