



THE ALPINE CLUB OF CANADA

ACC GEAR LIST – CREVASSE RESCUE COURSES

Places to rent gear at the bottom of this document

Suggested Clothing

- Base Layer top and bottoms (synthetic or merino wool)
- Warm thermal layer top
- Warm outer pants (soft-shell or fleece)
- Fleece or soft-shell jacket
- Waterproof/breathable jacket with hood (Gore-Tex)
- Down or synthetic insulated jacket (Important for when sitting in a “crevasse” waiting to be rescued)
- Light gloves or liners (2 pairs)
- Insulated gloves or mitts
- Toque (warm hat)

Technical Equipment

- Winter boots (snowshoes not necessary)
- Harness
- Belay Device
- Ice Screw (optional)
- Pulley (optional)
- TBloc (optional)
- Micro Traction (optional)
- 2 x locking carabiners
- 1 x non-locking carabiners
- 2 x 5m 7mm cordelette (not 6mm)
- 1x personal short prusik (1.5m x 7mm or 13.5 cm hollow block)
- 1x 120cm sewn shoulder-length sling

Personal Equipment

- Pen to sign waivers (black or blue ink only)
- Day pack, roughly 30L
- Insulated water bottle
- Camera
- Small personal first aid/blister kit
- Sunscreen and lip protection, minimum SPF 30
- Sunglasses with good UV protection
- Toilet paper (a small amount for during the days)
- Optional: Cash Tip for guide (not expected but appreciated)

The ACC will supply all group gear including ropes, first aid kit, etc.

Where can I rent gear?

There are many places in big cities such as MEC to rent gear. We recommend using our local shops listed below. We recommend calling ahead at least a few days to book gear so it doesn't sell out.

Gear Up!

<https://www.gearupsport.com/backcountry-ski-rental-canmore>

1302 Bow Valley Trail, Canmore AB

403-678-1636

*ACC members get a 10% discount!

Wilson Sports

<https://www.wmsll.com/>

Building A – Samson Mall

201 Village Road

Lake Louise, AB

888-547-2559

info@wmsll.com