



THE ALPINE CLUB OF CANADA

ACC GEAR LIST: SKI CAMPS WITH GLACIER AND HUT

Suggested Clothing List

- Long underwear top(s) (synthetic or merino wool)
- Light fleece (or other insulation layer) for cool days
- Wind shell (soft shell or synthetic jacket)
- Waterproof jacket (Gore-tex or equivalent outer shell w/hood)
- Warm insulated jacket (down or synthetic)
- Long underwear bottoms (synthetic or merino wool)
- Soft shell pant(s)
- Ski socks (wool or synthetic) (2-3 pair)
- Tip: add a thin liner sock if you are prone to blisters
- Light gloves for the up-track
- Warm ski gloves and/or mitts
- Toque (warm hat) or balaclava
- Sun hat with neck and ear protection
- Hut clothing including booties or shoes
- Winter boots for around the hut (optional)

Personal Equipment

- Day pack (30-40L) or multi-day pack (50-60L) for hut-to-hut trips
- Sleeping bag (5°C to -10°C, depending on your comfort level)
- Ski goggles with orange lenses

- Sunglasses - with dark lenses and good coverage (consider a second pair with orange lenses for poor weather days)
- Sunscreen and lip protection with minimum SPF 30
- Water bottle(s) — 1-2 litre, wide mouth, plastic with tight lid (hydration systems tend to rupture and freeze, so make sure you have a water bottle as well)
- Small personal first aid kit — band-aids, moleskin, duct tape, medications, etc.
- Toilet kit including towel and soap
- Headlamp — with spare batteries
- Toilet paper (a small personal amount for during the day)
- Lighter
- Sandwich box/container/bag for lunch
- Large pack or duffel bag (for helicopter accessed camps only)
- Pillow case and sheet (optional)

Ski Equipment

- Backcountry skis (recommended minimum dimensions at ski waist is 95mm) or split board — freshly waxed!
- Ski or snowboard boots — previously worn-in and proven comfortable (we don't recommend rental boots)
- Backcountry (adjustable) ski poles
- Skins (full width, properly fitted to skis, and well glued)
- Triple antenna avalanche transceiver with spare batteries
- Snow shovel
- Avalanche probe
- Repair kit — extra binding parts and tools that are specific to your gear
- Ski straps
- Ski crampons
- Skin wax (Glop Stopper or a plain candle)
- Helmet

Glacier Gear

- Lightweight harness (Cilao, Camp, BD, and Petzl make very light ski mountaineering harnesses)
- 120cm sewn sling (light Dyneema slings preferable)
- Prusik cord – 5 metres (16') long, 6 mm diameter
- Prusik cord – 1.5 metres (5') long, 6 mm diameter

- Two locking carabiners
- Two non-locking carabiners
- Light mountaineering axe — 40-55cm long
- Ice screw — 17-21cm (optional)

Optional

- Wind/waterproof shell pants (Gore-Tex or equivalent, full side-zip)
- Journal and pencil
- Camera
- Map and compass/Altimeter/GPS
- Pocket knife (Swiss Army style)
- Thermos
- Ear plugs
- Small personal amount of liquor/treats, if desired

The ACC will supply all group gear including ropes, first aid kit, emergency communication devices, emergency tarp, etc.